

cure LIFE

SUMMER GLO
HYDRAFACIALMD®

WEGOVY®
SEMAGLUTIDE WEIGHT LOSS

WHAT CAN THREADS DO FOR YOU?

MUST-HAVE ANTI-AGING INGREDIENTS

CORRECT FOLDS & PLUMP UP LIPS

PLUMPING YOUR POUT
What lip filler style suits you?

MICRO-NEEDLING & MORE

WHAT ARE IV INFUSIONS
How do they work?

DISCOVER THE FOUNTAIN OF YOUTH

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Candice Georgiadis

cure LIFE | Editor-In-Chief



The Fountain of Youth may well elude us forever but we're living longer and looking better than we ever have before! The aging process can be both beautiful and challenging.

With the hectic nature of everyday life, it can be easy to become overwhelmed by the tasks of daily living. And despite our best efforts to stay healthy, we may find that we're still not meeting our goals. This can lead to feeling disheartened and frustrated.

At Cure, our mission is to help you achieve healthier, younger-looking skin. The treatments are designed to address the most common issues that come with aging, like loose skin and wrinkles, unwanted hair growth and weight fluctuation. Cures' adept team of providers can assist you in rediscovering your youthful glow. With services that include injections, medical lasers, and body sculpting fat reduction, the professionals at Cure Med Spa are here to turn back and slow down the hands of time.

In addition to our treatments, we offer top-of-the-line medical grade skin care products that maintain your progress and enhance your results.

At Cure Med Spa in Mystic Ct., You can take a dip into the Fountain of Youth.Whether you're looking for transformative spa therapy or want to reach your peak physical condition, The mission is to make sure you look and feel great.When the mirror shows you a stranger's face and you miss the younger you, discover Cure Med Spa.

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MICRO-NEEDLING:



Microneedling is a minimally-invasive, yet highly impactful skin treatment. Yes, numbing cream is typically used during the procedure and the name indicates that needles are involved; however, this must not deter individuals from trying it due to its numerous active benefits for the skin. From basic facial to beyond, micro-needling can result in truly amazing outcomes.

The evidence is clear: beauty treatments with needles are highly effective. While the idea of inserting needles into your face can be intimidating, it's worth considering given the impressive before and after results. With the right provider and the right treatment, micro-needling can make a huge difference in skin health and appearance.

Microneedling — also known as Dermapen and Rejuvapen — is a collagen induction therapy, a treatment that is designed to promote skin rejuvenation.

Your body treats a small wound the same way as a large wound and sends fibroblasts to create more collagen. It is as if we are fooling the skin into believing it has been wounded, but as a result, it's thickening the skin and improving the texture with this procedure.

Microneedling can also help reduce pore size and heal acne scars.

Microneedling isn't exclusive to just the face. While it's the area of skin that is most often treated, the procedure can be done anywhere the skin on the body needs a collagen boost, particularly those that have stretch marks, like the legs, chest, or butt.

When caring for your skin, you should pay extra attention to your chest or decollete. If you're dealing with dark spots or sun damage, micro-needling can work wonders in evening out the tone and texture. It might also help reduce any wrinkles on your decollete caused by sleeping on your side.

Your necks and—wait for it— and even the backs of our hands are good candidates to promote collagen and elastin production. Collagen stimulation is helpful for even less obvious areas of the body, too. As we age, our skin becomes crepey—you can especially see this in your calves and arms. Microneedling these areas will help to stimulate collagen and drive hydrating ingredients deeper to assist with the effects of aging.

WHEN ARE RESULTS VISIBLE?

Visible results of skin rejuvenation can be seen as early as a few days after treatment, but full results are generally seen six to eight weeks following the procedure and improve further over time.



HOW MANY TREATMENTS ARE NEEDED?

Typically two to six treatments are needed, depending on what you are having treated and the level of results desired. Each person's skin conditions are different and require different levels of treatment. Those with mild wrinkles and fine lines may see improvement after just one treatment while more advanced skin conditions like acne scarring may need multiple sessions.

The number of required sessions will be determined during consultation.

ARE THE RESULTS PERMANENT?

The short answer is yes the results will be permanent unlike fillers, but you have to take into factor that skin is always growing and changing as we age.

No skin enhancement procedure is truly permanent. Similar to exercising and building muscle, our muscle mass will decline as we naturally age. Even if you reach your desired results, the natural aging process would make it not permanent.



Thomas Bondarchuk

MEDICAL DIRECTOR•BOARD CERTIFIED APRN

"Do yourself a favor, only see a skilled provider with experience in the management of obesity and overweight. Don't cut corners with your health."

It's time to have an honest discussion about weight loss medications and standards of care. Recently there has been such a high demand

for medications in the drug class referred to as GLP1 RA's or glucagon like peptide receptor agonists that many clinicians have begun to inject them in their offices.

Presently only one of these medications within this class is FDA approved for the indication of weight loss and that is Wegovey. It has been extensively evaluated for risks, side effects, and physiological benefits through extensive double blinded placebo clinical trials. During this process, the benefits of Wegovey far outweighed its potential risks, hence the FDA approved it for weight loss. Brand semaglutide's original indication was for Type 2 Diabetes under the name Ozempic. Both are manufactured by the pharmaceutical company Novo Nordisc. Both are the same exact medication with individual FDA approved indications.

Sadly, there has been an emergence of compounding pharmacies that are deliberately infringing upon the brands patent and compounding fake semaglutide. There are also many rubber stamp clinics with providers who blanket prescribe this, sometimes without any discussion at all about the patients past medical or surgical history!

Recent local and national news exposes have featured many of these online and store front clinics. It baffles me that any prospective patient would allow themselves to be treated by a provider that at the onset of treatment cuts corners by not even obtaining a review the patients medical history nor a physical exam.

There are risks for adverse effects with any medication, FDA approved medications have been studied for their incidence of risks. Compounded medications are less scrutinized.

So what are you really getting when you are injected with compounded semaglutide? I cannot answer that. It is not brand Wegovy, that formula is proprietary and protected under law.

Only the compounding pharmacist knows what their form of compounded drug is! Oh, and if you have an untoward complication, reaction, or side effect, you are on your own. This is when legitimate providers become concerned. The best analogy I can provide you with is that buying fake semaglutide is like buying a fake watch or purse, it may look the same, but clearly it is not the same quality.

Lastly, there are many medications from different classes that may help to potentiate weight loss. Experienced clinicians not only determine your best options, they also help to manage all of your medications collegially with your other providers.

Be safe out there. Only use medications that have approved indications,

IV THERAPY

IV nutrition provides a straightforward solution to meet your body's daily nutrient needs. Just like any well-tuned machine, your body requires sustained care and attention to stay in optimum shape. Vitamins, minerals, electrolytes, amino acids, micronutrients – the list of nutrients required by your body is seemingly endless. Thankfully IV Therapy offers an easy and direct way to deliver the many necessary nutrients without having to manage innumerable vitamin bottles or supplement powders. Make sure your body gets what it needs - choose IV Therapy!

WHAT ARE IV INFUSIONS, AND HOW DO THEY WORK?

IV infusions and vitamin injections are a highly beneficial form of health treatment, delivering essential vitamins and other nutrients into the bloodstream. This method of delivery bypasses the digestive system, ensuring that the body receives the maximum dosage possible. By introducing vital elements directly to the organs and cells of your body, you can experience improved revitalization in a fraction of the time traditional absorption may take. IV infusion therapy is a powerful tool for improving overall health and wellness.

When vitamin IV therapy is used, nutrients are delivered directly to your body and bypass the digestive system. This particular method is especially beneficial for individuals who struggle with digesting certain vitamins and minerals due to physical irregularities or difficulties. By practicing Vitamin IV Therapy, larger quantities of vitamins transfer directly into your cells more rapidly, safely, and effectively than traditional oral consumption could provide. Thus, you can be assured that your body has access to all of the essential vitamins and minerals it needs without overlooking any in your dietary choices; returning optimal results for a long-term healthy lifestyle.

IV infusion therapy and vitamin injections can be administered quickly and comfortably at Cure Med Spa. The session duration will depend on which type of infusion is chosen by each patient, as well as the number of injection treatments that are required. Vitamin injections can typically be completed within a short period of time, though IV infusion therapy may take a bit longer.

IV drip therapy is one of the most effective ways to deliver critical vitamins and nutrients to your body, restore hydration, boost immunity, improve metabolic health, and get your body feeling great every day. If you are interested in trying IV drip therapy or vitamin injections, we have a variety of treatment options that will suit all your needs.

Contact Cure Med Spa today and request a consultation to learn more about IV infusion therapy and vitamin injections.

NON-SURGICAL EYEBROW LIFT

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WOW BROW

$850

ULTHERAPY
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SUMMER GLO

Between the pool parties, shore trips, and summer vacations, your skin will experience its fair share of wear and tear this summer. And there's no time to worry about skin imperfections. This is why we are such big fans of the HydraFacial®! This popular facial tackles dull, dry skin and blemishes so your skin can shine well through the seasons. Now is the perfect time to replenish your skin with a great big dose of moisture.

Many of our patients come to Cure hoping for a skincare miracle. They want beautiful, flawless skin and they want it quickly. While the HydraFacial® isn't a miracle treatment, it sure comes close. This relaxing, in-office treatment provides quick results and continued improvement in skin quality and appearance – if you keep up with your routine appointments.
So, what can HydraFacial® do for you?

Explore some of our favorite benefits of this treatment:

- Address common skin concerns including enlarged pores, oily skin, discoloration, wrinkles and fine lines, aging, sun damage, blemishes and blackheads, and poor skin texture.
- Achieve better skin appearance in a single treatment.
- See continued improvement in skin quality with regular treatments.
- Treatments can be customized to each patient's specific skin concerns.
- Ideal for all skin types.

We love that HydraFacial® offers quick results in a single treatment, and you can return to work (or play) immediately after! For patients wanting a lasting skincare solution, HydraFacial® delivers that too! It really is a one-size-fits-all skin-enhancing solution.



FULL FACE

XEOMIN® incobotulinumtoxinA

$499

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Cure MED SPA

RESTYLANE COLLECTION

Restylane is an injectable dermal filler made from hyaluronic acid, a naturally occurring sugar that keeps skin hydrated and helps to maintain its structure.

Restylane is a useful dermal filler used to reduce facial lines and wrinkles, like those near the nose or mouth while plumping the lips. The product also contains lidocaine to minimize discomfort when injected. Restylane is a convenient solution for providing volume and definition to areas of the face that have experienced loss due to age or lifestyle.

Silk

Restylane Silk is an injectable dermal filler particularly suited to filling superficial fine lines such as those around the forehead, eyes and mouth. It can also be used to plump up thin lips or enhance the definition of lip contours.

Refyne

The Restylane Refyne product is specially formulated to fill in moderate facial wrinkles and folds while still allowing natural expression and mimicking the body's movement. Restylane Defyne works similarly but provides more lift and helps enhance facial contours and smooth out wrinkles without looking unnatural.

Enhance Your Facial Contours, Correct Folds & Plump Up Lips



What can threads do for you?

PDO Threads are dissolvable sutures that are inserted into strategic places under the skin to lift, pull and tighten.

PDO Thread benefits are Gold!

- Less invasive than surgery...even surgeons are using them!
- Gives an immediate lift
- Dissolvable, last up to a year
- Minimal to no downtime
- Less trauma and less risk
- Can be paired with Botox/filler

Threads are SO versatile. Here are just some of the looks they can create:

- Fox or cat eyes
- Snatched & defined jawline
- Lifted brows
- Smoother neck lines, neck lift
- Lift nasolabial folds
- Lip lift
- Minimizes under eye bags and tear trough depletion
- Lift breast tissue and other areas on the body

The possibilities are endless!

Indications for a thread lift:

- sagging of the skin across the entire face
- loss of tissue volume
- fine lines and wrinkles, cheek wrinkles
- some expression wrinkles
- eyebrows descent
- mild to moderate jowl appearance
- bags under the eyes
- turkey neck
- patients with some relapse from a facelift or neck lift
- sagging of body skin

What can you expect to see after your thread lift?

- A discrete lifting. (not a pulled tight look)
- More jawline definition through the lifting of the jowls.
- More youthful cheek curves as the volume are pulled up.
- They are softening of nasolabial and marionette folds.
- Smoothing of fine lines and wrinkles across cheeks and lower face.
- Overall improvement in facial contours and skin tone.
- Lifting of sagging neck skin with a thread neck lift.

PDO threads can achieve stunning results for lifts and contours. And they're great for everyone! Call or text 860-932-2873 to schedule your complimentary consultation at Cure Med Spa in Mystic. We can't wait to help you get the look you've always wanted.

PDO THREADS



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Defyne

Restylane Defyne is designed to provide lift to enhance facial contours while smoothing pronounced wrinkles and folds. The unique cross-linking technology used in the formula helps ensure results last up to 12 months.* Restylane Defyne can be used on many areas around the face, such as the cheeks, chin, jawline and around the eyes. It works by adding volume beneath facial wrinkles and folds, which helps lift them and smooth out their appearance for an energized look.



Lyft

Next is Restylane Lyft. This product is perfect for those looking to shape facial contours as well as correct deeper wrinkles, folds or sagging skin. It works similarly to Defyne but can deliver more substantial correction compared to its sister product due to its higher concentration of hyaluronic acid particles. Lyft can also provide volume for natural-looking results when injected in areas like the cheeks or midface region. Additionally, it can be used with other fillers if you want an even more dramatic effect.



Volyme

Finally, there's Restylane Volyme which provides age-related volume loss correction, specifically in cheek regions. This filler uses innovative CPM (Controlled Pressure Molding) technology which allows injectors to have precise control over where they inject the product into cheeks—allowing for natural appearing results without any overcorrection or agglomeration of the product.



Making decisions about medical treatment can be difficult - that's why consulting a licensed healthcare provider is highly recommended. A provider can review the facts of your individual situation and make an assessment for the most appropriate and safe option.









BUY THE LIPS.

$200 OFF

1 SYRINGE
LIP FILLER

cure MED SPA

PLUMPING YOUR POUT



Recent years have seen an increase in the popularity of lip filler treatments. This relatively simple and minimally invasive procedure involves injections of different types of fillers into the lips. Thanks to celebrities posting their own lip filler experiences on social media, more people are turning to this popular beauty treatment. Generally, it's a quick procedure with minimal recovery time and lasting results.

As we age, our skin's primary components – collagen and fat – often begin to deteriorate. This can cause the lips to appear thin or saggy. Lip fillers offer a solution that adds back volume, shape and definition to create a fuller lip appearance. Lip filler treatments consist of synthetic hyaluronic acid – a substance that occurs naturally in our bodies, anyway. Once injected into the tissue of the lips, this gel helps preserve shape and support structures for more attractive results. In addition, lip fillers are now effective for correcting naturally thin lips or improving conditions caused by age and other factors.

Over the years, especially with celeb trends and social media, we have seen various shapes and sizes of lips being augmented using lip fillers. Which, if you are considering getting a lip filler treatment might leave you wondering what style to go for.

Although, we recommend you always consult your practitioner to help you decide what would suit your needs better; here we explore a few of the most common trends we have been noticing with Lip styles lately.

Whether you are unhappy with the shape, volume or definition of your lips, lack a defined Cupid's bow, or have noticed your lips aren't as full as they used to be, a well-performed lip augmentation using Dermal Fillers can help.

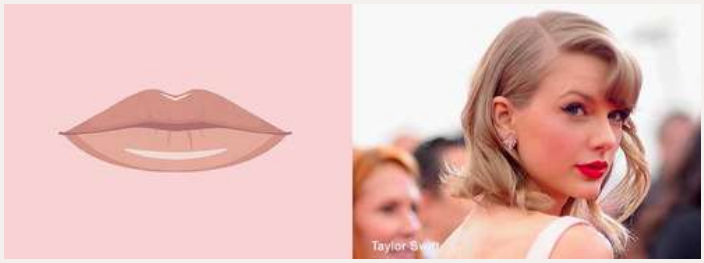
WHAT LIP FILLER STYLE WILL SUIT YOU?

Get the perfect pout with expert lip fillers done at Cure Med Spa in Mystic



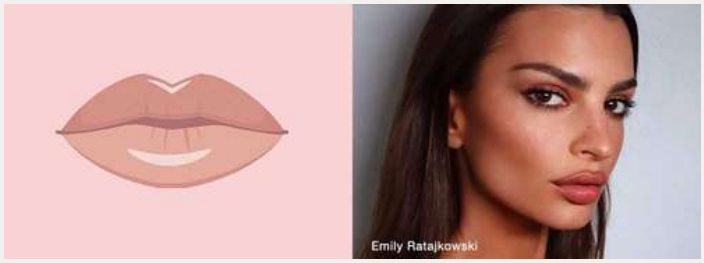
CLASSIC

This is a perfect shape for subtle lip enhancement and a perfect style that will suit everyone. The Classic style produces a distinctive formation of all the natural S planes that exist in the lips. There is a balance between the upper and lower lips with a natural appearance from the centre to the tail sections. Patients who have lost volume through ageing and those who want a subtle augmentation choose this style.



CUPID

The Cupid style enhances those lips that project a strong Cupid's Bow form. This style focuses on the top lip accentuating the central cupid's bow and gently lifting the outer edges. Adding volume to such lips accents the natural appearance and results in a sexy, full shape.



PEARLIQUE/ PEARL

The Pearlique or Pearl is a pouty design that accentuates the lower lip and the two teardrops that form it. This produces shapes a more youthful, voluminous effect with a soft cleft in the middle, settling in to form pearl shapes on each side.



HOLLYWOOD

The Hollywood style is ideal for women who desire attention to their lips without a full presentation of both upper and lower lip. Frequently seen in the movie industry, it focuses on full expression of the upper lip and little to no augmentation of the lower lip. This extends and curls the upper lip, with less emphasis on the lower lip, maintaining a symmetrical balance.



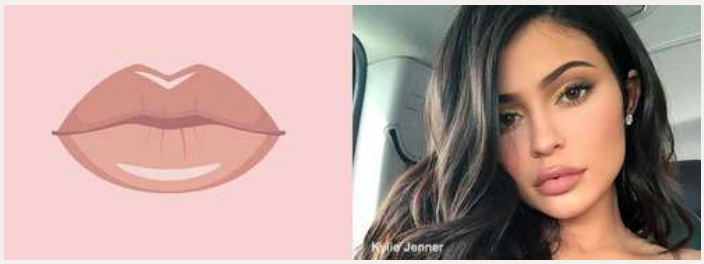
ANGELIC

The Angelic style consists of a full border of the upper lip, with little or no mid or lower lip augmentation. It creates a pleasing form for patients with fuller volume in upper lip combined with a narrow lip length: it elongates and shapes the upper lip like angel's wings.



SUPERMODEL

Focusing more on the lower lip, this popular style adds instant glamour. We add volume to the two teardrop forms as well as the tail sections of the lower lip to blend the corners. Suitable for any fashionista.



RUBINA

The Ultimate Headturner! The Goddess, otherwise also known as Rubina, is a full showy top and bottom lip to get you noticed. This style is for those who enjoy a fuller expression of their lips, without appearing overly treated or aesthetically displeasing. This style is the full expression of the 5 natural planes that exist in the lips. This can be a very pleasing style for those with enough length from the bottom of the nose to the chin.

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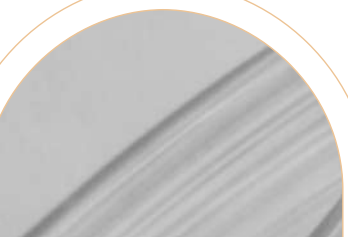
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MED SPA cure









MUST-HAVE ANTI-AGING INGREDIENTS

It's essential to start using them before you see many signs of aging - think preventatively rather than trying to constantly play catch up! Here are the top four core ingredients for your anti-aging skincare routine.

SPF

Let's start simple, with something you're probably VERY familiar with - SPF. Prevention is key when it comes to anti-aging, and you should be applying at least SPF 30 every day. It protects your skin from UV damage, allows your skin cells to regenerate, and even helps other products you might be using to work better since they're also protected from UV exposure. Up to 80% of the visible signs of aging come from exposure to the sun, so don't skip the SPF if you want to prevent wrinkles and uneven skin tone.

VITAMIN C

You not only need to protect your skin from the sun but also free radicals. Free radicals are unstable molecules that steal electrons from your cells and cause them to malfunction. You can expect things like brown spots, fine lines & wrinkles, sagging skin, and lack of elasticity. This is where antioxidants like Vitamin C come in. It will protect you from environmental and digital damage from computers and cell phones. Vitamin C is hugely beneficial as it works well with SPF, helps promote collagen production, and fights hyperpigmentation. It needs to be included in your anti-aging routine! It's best to use Vitamin C during the day and your Retinoid at night!

RETINOIDS

If you haven't embraced retinoids in your anti-aging routine, here's your sign to get on it! Retinoids are so amazing for anti-aging skincare because they stimulate collagen production, increase cellular turnover and help with pigmentation and uneven skin tone. You'll also notice a reduction of fine lines and wrinkles, smoothing out the skin and boosting elastin production. It's definitely a must-have for your arsenal! Just be careful with the dosage - start with a lower percentage and adjust as needed to avoid irritation.

WHAT RESULTS WILL I SEE WITH ANTI-AGING INGREDIENTS?

Combining these products will give you a smoother, brighter, more even skin tone. As time passes, you will see fewer signs of aging, less sun damage, and firmer, healthier skin.

HOW DO I USE ANTI-AGING INGREDIENTS?

You should use your anti-aging products according to their instructions. Some will tell you to apply once a day, while others should be applied twice a day.

STOP THE CLOCK!

Get these core ingredients into your skincare routine today so you can see healthier, youthful skin! Visit theskinsaint.com for all of the products mentioned. And don't forget to look at my Cures Curated roster of essential effective skincare products!

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SEMAGLUTIDE WEIGHT LOSS IN Mystic Ct. at CURE

WEGOVY®

Weight loss can be a challenging journey. But there's hope for those who struggle with it. One of the most effective ways to lose weight is the combination of a healthy diet, physical activity, and Semaglutide, also known as Wegovy, Ozempic, or Rybelsus (depending on your prescription). In a once-a-week treatment regimen, this medication helps your body burn fat more efficiently, reduces hunger cravings, suppresses appetite, and improves overall physical well-being. Wegovy can be an amazing ally for anyone on a weight loss journey.

Patients can achieve substantial weight loss by incorporating Wegovy into a healthy lifestyle. As with any other medication or treatment, Wegovy isn't a replacement for healthy eating and staying active.



Patients should eat nutritious meals and exercise daily to manage their weight. Committing to a healthy lifestyle is a vital step. But to see significant improvements, you must dedicate at least three months to your treatment plan.

If you have tried different diets and exercise routines but still struggle to lose weight, Wegovy treatments may be the perfect solution. Now you can finally break free from those extra stubborn pounds, lose the weight, and keep it off with this revolutionary weight management treatment available in Mystic Connecticut.

Make the first step toward your weight loss goals by visiting Cure Med Spa. Our dedicated health professionals are eager to support you on your journey.

At Cure Med Spa, we offer a comprehensive approach to weight management and health. Experience Cure, an elite provider of all things health, beauty and wellness in Mystic, CT. The adept and compassionate providers are driven to help patients live healthier, happier lives.

Inquire today with a complimentary consultation. Learn how Wegovy can help you lose weight consistently. Allow Cure providers to contrive a treatment plan to accommodate your unique concerns and needs.

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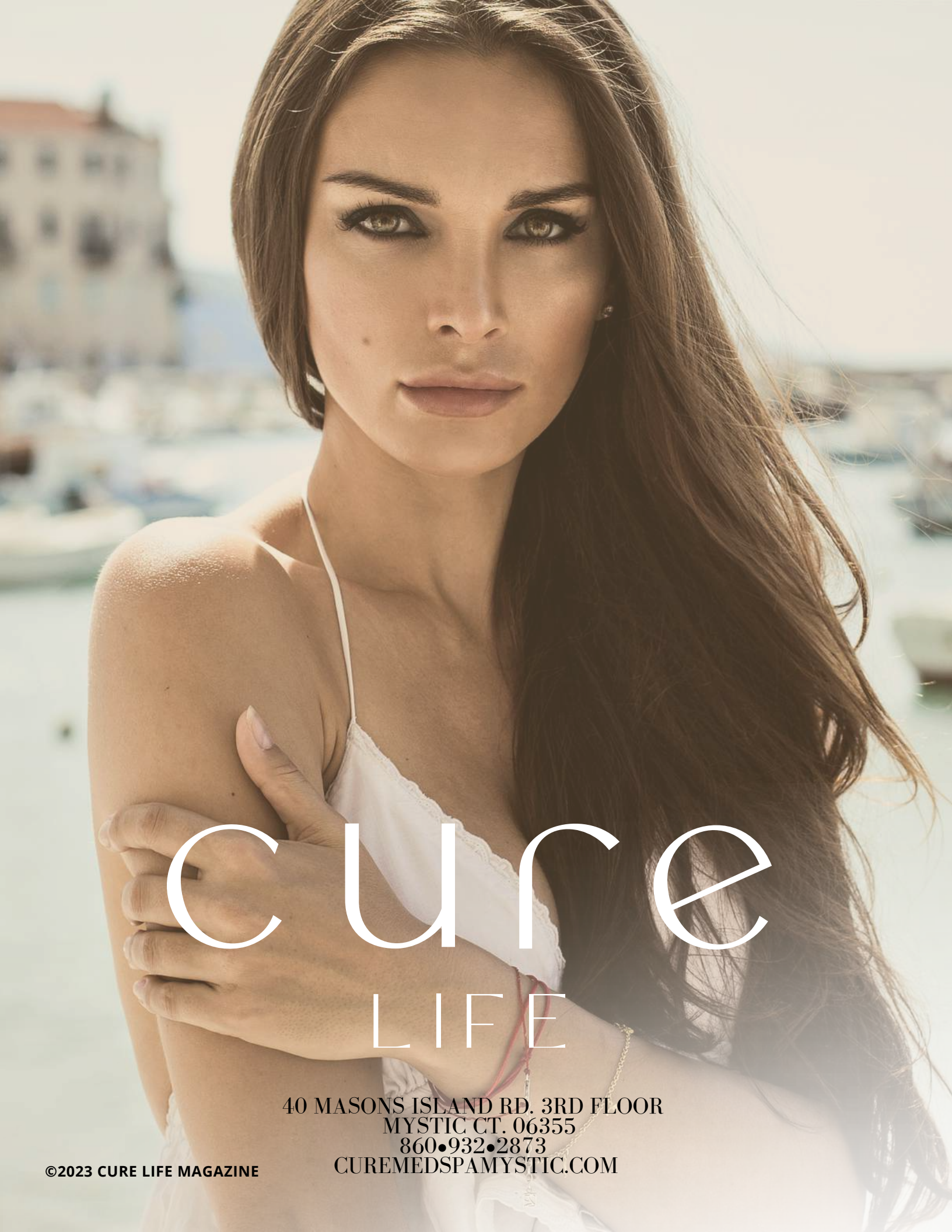
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~35 LB
~232 LB STARTING WEIGHT



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