cure LIFE



7 Treatments reverse collagen loss.

Get to know the Experts

Cure Skin Solution

Dry Skin? Or dehydrated?

Botox for Calves

Unveiling the SaltFacial Skin: Rejuvenation Redefined

YOUR PATH to CURE

© 2024 Cure Life Magazine

Candice Georgiadis

cure LIFE | Editor-In-Chief



As we usher in the effervescent month of April, the season of renewal and rejuvenation beckons us to reflect upon the essence of transformation. It is with great enthusiasm and a pioneering spirit that we dedicate this edition to the art of aging gracefully, empowering you to redefine aesthetics on your terms. With the world at our fingertips, the time has come to bid adieu to conventional paradigms of beauty and welcome an era where control, elegance, and innovation converge.

In the pages that follow, we invite you to explore Cures' arsenal of non-invasive options that promise not just to preserve your natural allure but to enhance it. From the latest advancements in aesthetic non-surgical technology to bespoke wellness routines, our curated content is designed to inspire a sense of empowerment. Imagine a world where aging is not feared but embraced with sophistication and a dash of audacity. This vision is not just a possibility—it is within your grasp.

As we navigate this journey together, let us remember that the power to redefine our aesthetic narrative is within reach. It's about making informed choices, embracing change with an open heart, and, above all, celebrating the uniqueness of our individual beauty stories. This April, we challenge you to not just accept but to revel in the possibilities that come with aging, armed with knowledge, confidence, and an innovative mindset.
Here's to redefining the standards of beauty, on your own terms on your ***path to Cure.***

LinkedIn twitter candice georgiadis

Media Kit Cure Life

Candice Georgiadis

www.CandiceGeorgiadis.com


BOTOX®
COSMETIC
onabotulinumtoxinA
injection
$599
*UP TO 50 UNITS
cure
MED SPA


Buy 2
Genius RF
MICRONEEDLING
Treatments
Get 1
Treatment
free
cure
MED SPA



CUTTING EDGE TREATMENTS

REMAIN AHEAD OF THE CURVE AT CURE.

In an industry of many choices, we are your advocates for proven techniques, safe practices, and quality products. Whether it's injectables or medical treatment, we're selective about offering only the latest technologies and techniques available. Our goal is to always give our patients the best possible results, and we pride ourselves on staying ahead of the curve with procedures that are years ahead in terms of results, safety and comfort.

Cure never compromises on the technology used. We've invested in only 'gold standard' equipment from the industry's biggest innovators. You won't find 'jack of all trades' lasers or non-licensed professionals who took a weekend class on injectables. Multi-purpose generic laser systems which advertise treatment for multiple concerns are, as the adage goes, masters of none — and they often compromise safety along with efficacy. Effective innovative technology is the cornerstone of any aesthetics practice, so choosing the right one is essential.

Unlike many other clinics that use inexpensive and poorly tested alternatives, all of our equipment and treatments are FDA-approved to provide extra assurance of safety. Cure has invested in the most effective and updated equipment, and assembled the finest professionals who offer the full spectrum of aesthetic, non-surgical services

READY TO FEEL *better* THAN EVER?

HORMONE REPLACEMENT THERAPY



CURE
MED SPA
MYSTIC

LEARN MORE AT
WWW.CUREMEDSPAMYSTIC.COM

DAXXIFY®

daxibotulinumtoxinA-lanm injection



$699 Full Face

UP TOO 100 UNITS

cure

MED SPA

GET THE LIFT WITHOUT SURGERY!



– 50% OFF

FULL FACE	$1750
UPPER FACE	$750
LOWER FACE	$1250
NECK	$400

THE GOLD STANDARD for nonsurgical lifting and skin tightening

Ultherapy

Book your consult today!

860-932-2873



meet the MEDICAL DIRECTOR

THOMAS BONDARCHUK
MEDICAL DIRECTOR
BOARD CERTIFIED APRN

As a member of The American Academy of Nurse Practitioners, Tom plays a crucial role as the Medical Director, overseeing all services offered at Cure, ensuring that every client receives the utmost level of care.

With thorough training and hands-on experience in aesthetic medicine, Tom holds Advanced Botox and Dermal Filler certifications from the Esthetic Skin Institute. Additionally, he is certified by the Cellular Medicine Association, under the guidance of Charles Runels, M.D., in a range of procedures including Vampire Facial, Vampire Facelift, Vampire Breast Lift, O-Shot, P-Shot, and Platelet-Rich Plasma for Hair Restoration.

Drawing from a distinguished background in bariatric medicine and hormone replacement therapy, Tom contributes a wealth of knowledge and expertise. With decades of experience in the management of weight-related illnesses and endocrinopathies, his skills are a valuable asset to Cures patients. "Hormone imbalances are often the reasons that individuals become overweight and remain overweight."

Continued learning is at the heart of any medical profession, and aesthetics is no exception. In this rapidly changing and evolving field, ongoing training is not just beneficial but it's essential.

Aesthetic treatments such as Botox injections and dermal fillers require a high degree of skill, precision, and knowledge of anatomy, and to maintain competency and stay up-to-date with the latest advancements, continuing education is crucial.

"Preventative medicine and healthy aging have always been my passion. I believe esthetic medicine is an art and our bodies are dynamic, physiological, multidimensional canvases."


MED
SPA
BUY 2
GET 1
free
IV THERAPY
SAME VALUE COCKTAILS CAN BE MIXED AND MATCHED.

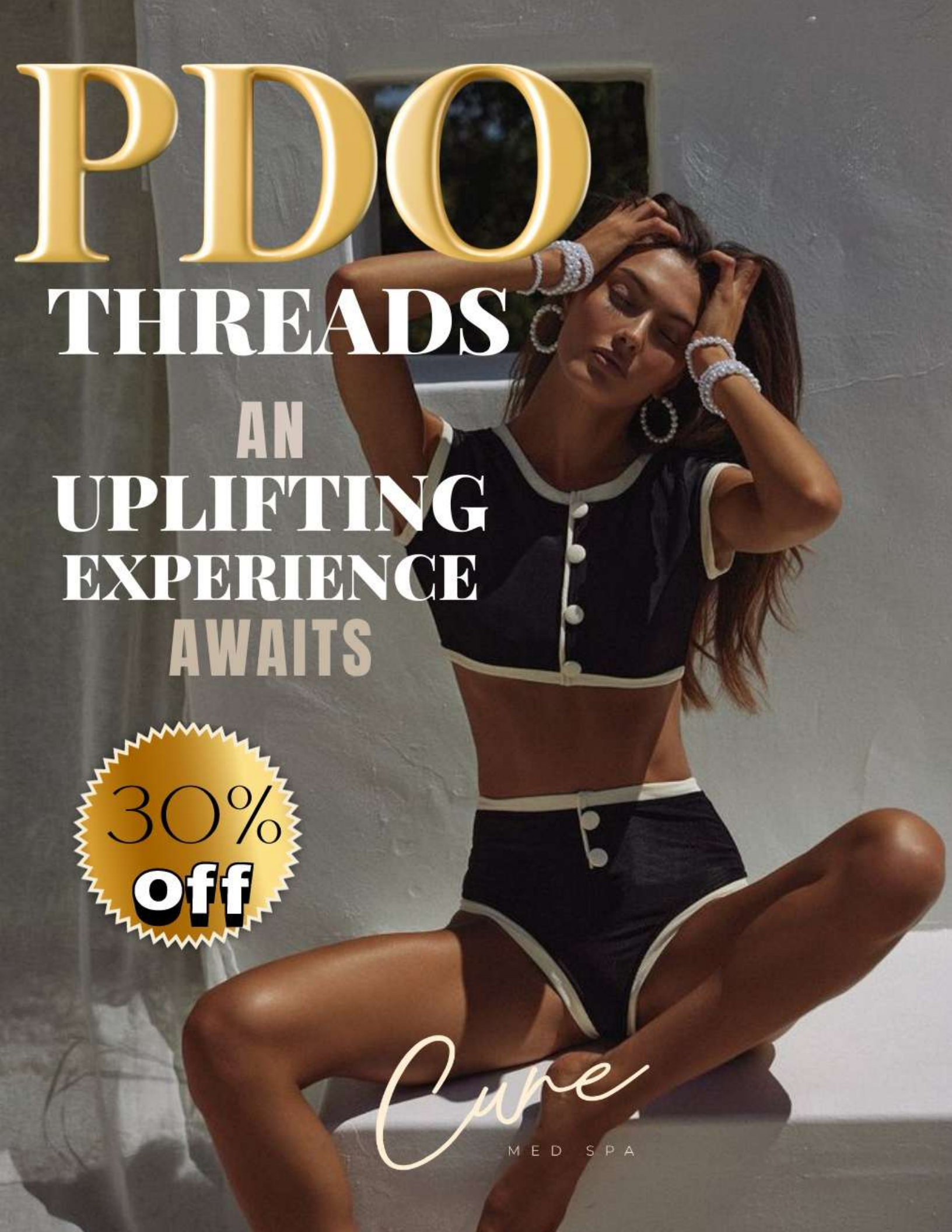

SKINVIVE™
BY JUVÉDERM®
SKINVIVE™
BY JUVÉDERM®
INJECTABLE G
WITH LIDOCAI
© 2022 AbbVie. All rights reserv
and the design are trademarks o
an AbbVie company, or its affiliat
SKINVIVE™
BY JUVÉDERM®
INJECTABLE G
WITH LIDOCAI
© 2022 AbbVie. All rights reserv
and the design are trademarks o
an AbbVie company, or its affiliat



6 MONTHS* OF GLOWING SKIN

*Lasts 6 months with optimal treatment. Glow was reported by patients using a satisfaction questionnaire which included how radiant their skin looked.

SKINVIVE™
BY JUVÉDERM®


PDO
THREADS
AN
UPLIFTING
EXPERIENCE
AWAITS
30%
off
Cure
MED SPA

Botox *for* Calves?

The **Latest** Trend in *Non-Surgical*

"tweakments"



Botox aka Tox typically associated with smoothing out wrinkles and fine lines in the face, is venturing into new territories. The trend of using Botox for calf reduction is gaining traction, providing a non-surgical solution for those seeking slimmer, more feminine lower legs. But what exactly does this procedure involve, and is it the right choice for you?

What is calf tox?

Calf tox involves injecting Botulinum toxin, more commonly known as Botox, into the gastrocnemius muscles (the large muscles at the back of the calves). The tox causes these muscles to relax and shrink in size, leading to a reduction in the overall size and shape of the calves.

Why calf tox?

The desire for slimmer calves may stem from aesthetic preferences or discomfort caused by overly muscular calves, often referred to as "calf hypertrophy." This condition can be natural or due to intensive exercise or certain types of high-heeled shoes. People may seek calf tox as a non-invasive alternative to surgical procedures like calf reduction surgery, which can have longer recovery times and higher risks.

The procedure:

The procedure is relatively quick, typically lasting about 15-30 minutes. Tox is administered through small injections into the calf muscles. While the procedure may cause some discomfort, it's generally well-tolerated, and anesthetic creams can be used to minimize any pain.

Results and Recovery:

Initial results can usually be seen within a few weeks, with optimal results appearing about two months after the procedure. The effects of calf tox can last between six months to a year, and regular top-ups are required to maintain the results. It's important to note that the results can vary depending on the individual's muscle mass and the amount of tox used. Post-procedure, patients can usually return to their normal activities almost immediately, although strenuous exercise should be avoided for a few days.

Tox for calves may be the new kid on the block in the realm of non-surgical body contouring, providing a way for individuals to achieve slimmer calves without the need for invasive surgery. As with any cosmetic procedure, it's important to do your research, understand the potential risks and benefits, and consult with a qualified professional to determine if it's the right choice for you. As this trend continues to grow, it's clear that the uses for tox are expanding beyond just the face, further cementing its place in the aesthetic treatment industry.


AQUAGOLD®
FACIAL
$699
CELEBRITY APPROVED!
CUSTOM FACIAL COCKTAIL OF:
Neurotoxin
Hyaluronic Acid Filler
and more.
Cure
MED SPA

Rose Dobrowolsky

Nurse Injector Licensed Esthetician

A 20 year veteran of the beauty industry. Rose began her journey as a certified esthetician from the Albert school of cosmetology in 2002 and continued to perfect her craft at two well-known spas.

Rose truly understands the importance of treating the whole person. With gained knowledge in both medical and spa based esthetics she is able to give, both in depth skincare knowledge and a wonderful touch. She has many years of advanced training and work experience in various medical aesthetic treatments and procedures such as microneedling, IV hydration therapy, laser leg vein removal, laser hair reduction, laser acne procedures as well as many other advanced laser aesthetic and dermatological treatments.

Rose has a wealth of knowledge when it comes to the skincare of Cure patients. Rose specializes in resurfacing lasers ablative and non-ablative laser skin rejuvenation, photo facials, laser hair reduction, and EmsculptNEO®. She also provides many other services, including Hydrafacials, chemical peels, Salt Facials® and acne treatments.

There has also been something excited happening behind the scenes for the past year. After countless hours of education, hands-on training and shadowing Rose will soon be offering injectables and gaining a new title: Nurse Injector.








MED SPA
cure
ALL FACIALS
30% OFF
FREE POLY PRO REJUV RED LIGHT
MYSTIC — CT.


Dysport®
(abobotulinumtoxinA)
LOSE THE LINES
NOT THE EDEGE.
$399
2 AREAS
UP TO 55 UNITS
MED SPA
cure

ONLY THE BEST INGREDIENTS.

We know what your lashes, brows, & hair need - and what they don't. Our formulas blend nourishing plant extracts with scientifically advanced technology... and are always free of parabens, phthalates, and sulfate detergents.



cure

MED SPA



Illuminate Your Essence with Cure Skin Solution:

The Pinnacle of Non-Invasive Laser Therapy

Embark on a transformative journey towards radiant, impeccable skin with the pioneering laser therapy offered by Cure Skin Solution. This is an invitation to redefine aesthetics on your terms, to bid adieu to the imperfections that cloud your natural luminosity—be it stubborn acne, persistent pigmentation, or the relentless pursuit of hair-free skin. Cure Skin Solution, a flagship offering from Cure Med Spa Mystic, stands at the forefront of dermatological innovation, promising a revolution in your skin care regimen.

At the heart of Cure Skin Solution lies a commitment to precision and excellence. Utilizing the zenith of laser technology, this therapy illuminates the path to rejuvenation by penetrating the deeper layers of your skin. Imagine a beam of light, so refined, yet so powerful, that it stimulates collagen production, fades pigmentation, and halts hair growth in its tracks. This is the essence of Cure Skin Solution—where each pulse of light is a step closer to the skin you've always desired.



our journey with Cure Skin Solution begins with a bespoke consultation, a testament to our belief in a personalized approach to beauty. Here, in the sanctity of Cure Med Spa Mystic, your skin's unique narrative will be heard and addressed. From the meticulous preparation of your skin to the protective measures taken to safeguard your vision, every detail is curated with your comfort and care in mind. And as the laser works its magic, you might find the sensation novel, yet entirely bearable, an assurance of the transformation unfolding. Post-treatment, a bespoke regimen ensures your path to recovery is as radiant as the results that follow.

The benefits of Cure Skin Solution are as manifold as they are magnificent. Envision your skin, not just as it is, but as it could be—smoother, more evenly toned, radiantly youthful. This is not just skincare; it's a leap into the future of personal aesthetics, a chance to seize control and sculpt your appearance with non-invasive precision.

In essence, Cure Skin Solution at Cure Med Spa Mystic is more than a treatment; it's a declaration of independence from traditional skincare woes. With cutting-edge technology, a personalized approach, and palpable results, it's your time to shine. Embrace the glow of rejuvenation, and let your skin reflect the brilliance within. Welcome to the dawn of a new era in skincare.

Sculptra®
Poly-L-lactic acid

Recommendation Guide

01 **SKIN BOOST/HYDRATIC**
(1-2 vials)

02 **ANTI-AGING**
(1-2 vials)

03 **BOOTY PLUMP**
(10-15 vials)

04 **CONTOUR** *(CHEEKS, JAWLINE, & CHIN)*
(10-15 vials)

05 **HIP DIPS**
(3-10 vials)

01 **CELLULITE/DIMPLE TREATMENT**
(1-2 vials)

These are average amounts. Each case will depend on age, the condition of skin and volume at the time, skincare routine (including sunscreen) and genetics.

BUY 2

LaseMD Ultra Treatments

BUY GET 1 FREE

LUTRONIC

Intelligent Care™





Brigid Guidera

MSN, APRN, FNP-BC

Brigid is a Board Certified Family Nurse Practitioner with over 10 years of nursing and medical experience. She has worked in both inpatient and outpatient settings allowing herself a strong holistic baseline of education and knowledge.

Additionally, Brigid earned certificates in basic and advanced cosmetic injection training with many nationally-renowned medical aesthetics training and certification providers.

Brigid is a skilled, aesthetic provider who specializes in aesthetic services including energy-based treatments, neuromodulators, dermal fillers, Ultherapy, medical grade skincare, MicroNeedling, and platelet-rich plasma (PRP). Demonstrating a commitment to ongoing education, she ensures her treatments are enriched with the latest techniques and innovations.

Brigid's passion centers around delivering beautiful and natural results through an artistic approach, notably with Botox and filler treatments. She is known for her natural yet transformative results she gives her patients.

Brigid utilizes several resources to provide the latest and safest treatments at Cure, including attending multiple continuing education conferences annually, trade groups and journals, and medical aesthetics consortiums. She truly enjoys consulting with her patients and developing a customized treatment plan that will deliver the best outcomes for the patient's personal goals.

Brigid believes the key to her success has been to take as much time as necessary to consult with clients to truly understand their desires and to be honest with clients in achieving their desired result. She considers the Aesthetics field the perfect balance of medicine and art.




$100
OFF
FILLER
cure
MED SPA

THE SECRET IS OUT!

NOW AVAILABLE

eCO2™



	Face	Face/Neck
Mild	***$995*** Reg. $1500	***$1495*** Reg. $2000
Moderate	***$1495*** Reg. $2000	***$1995*** Reg. $2500
Aggressive	***$2495*** $3000	***$2995*** $3500







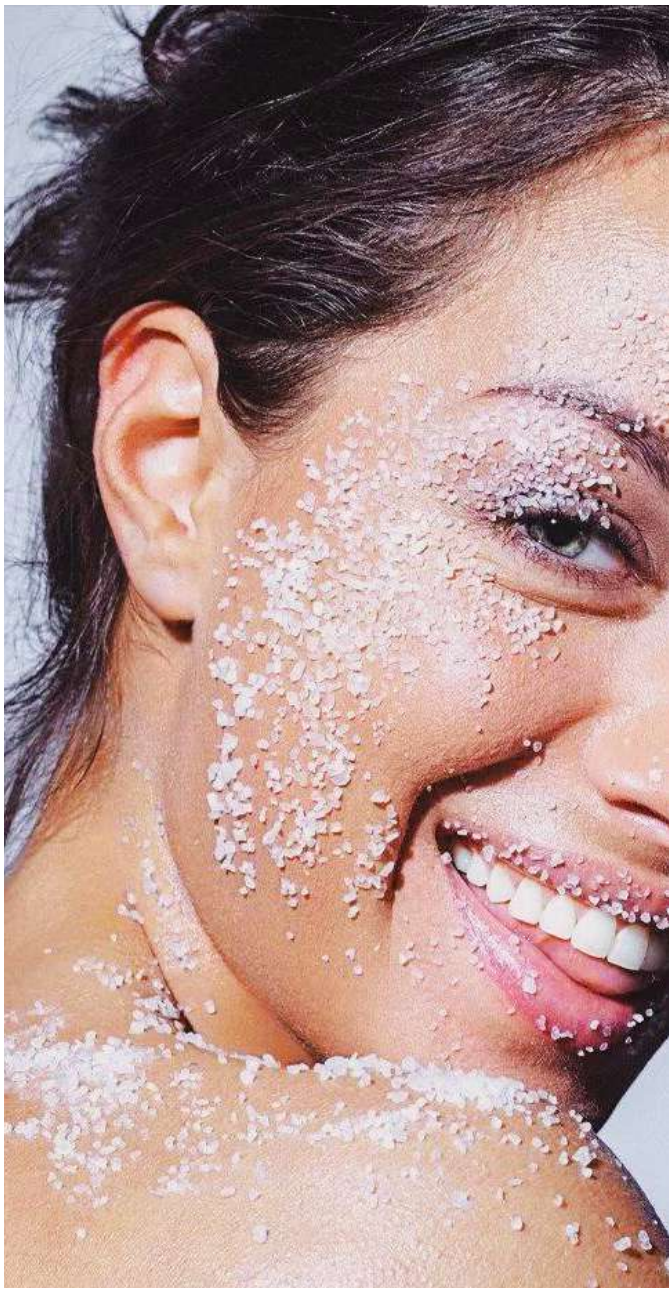
MED SPA cure


$2500
4 VIALS
sculptra®
poly-L-lactic acid
reverse
THE SIGNS OF
anti-aging
"THE ACTUAL FOUNTAIN OF YOUTH"

Unveiling the SaltFacial: REJUVENATION REDEFINED

Are you ready to ditch the old and embrace the new era of skincare rejuvenation? Buckle up, because we're about to dive headfirst into the revolutionary realm of SaltFacial. Say goodbye to lackluster skin and hello to a radiant, youthful glow like never before.

Picture this: A treatment that combines the power of natural sea salt, cutting-edge technology, and expert skincare techniques to unveil your skin's true potential. Sounds too good to be true? Think again.



Bold, Confident Beginnings

The SaltFacial isn't your run-of-the-mill skincare routine. It's a game-changer. Harnessing the potent properties of pure sea salt, this treatment exfoliates, hydrates, and rejuvenates your skin, leaving behind a luminous complexion that turns heads wherever you go.
Confidence is key, and with SaltFacial, you'll strut your stuff with newfound assurance. Bid farewell to those pesky imperfections that have been holding you back. Whether it's stubborn acne scars, fine lines, or sun damage, SaltFacial tackles them head-on, unveiling the radiant skin you deserve.

Edgy Innovation Meets Professional Excellence

Innovation is at the heart of SaltFacial. This isn't just another skincare fad; it's a meticulously crafted blend of science and artistry. Using state-of-the-art technology, the SaltFacial device exfoliates dead skin cells, while simultaneously infusing nourishing serums to replenish and revitalize your skin from within.
But it doesn't stop there. The magic of SaltFacial lies in its versatility. Whether you're battling acne, seeking anti-aging solutions, or simply yearning for a spa-like indulgence, this therapy caters to your unique skincare needs with precision and flair.
Professionalism is paramount, and SaltFacial delivers on all fronts. With certified skincare professionals guiding you every step of the way, you can rest assured knowing that your skin is in expert hands. Say goodbye to guesswork and hello to results-driven skincare that speaks volumes.

Unveiling Your Best Skin Yet

It's time to rewrite the skincare narrative with SaltFacial. Step into a world where confidence meets innovation, and edgy meets professional. Your skin is a canvas, and SaltFacial is the artist that brings out its true beauty.

So, are you ready to embark on a journey of transformation? Say yes to SaltFacial and unlock the radiant, youthful complexion you've always dreamed of. Your skin deserves nothing but the best, and with SaltFacial, the best has never looked so good.
Professionalism is paramount, and SaltFacial delivers on all fronts. With certified skincare professionals guiding you every step of the way, you can rest assured knowing that your skin is in expert hands. Say goodbye to guesswork and hello to results-driven skincare that speaks volumes.



the salt FACIAL®

WE ARE NOT A TREATMENT

we are a lifestyle.



cure

MED SPA


cure
MED SPA
EC•2TONE
REDUCE FINE LINES & ERASE SCARS
buy 2
GET 1 FREE
LUTRONIC
Intelligent Care™


LUTRONIC CLARITY II
Stop thinking razor
START THINKING LASER
50% OFF
Purchase of 3 or more Laser hair removal sessions. (Area of Choice)
MIN. PURCHASE OF 3 SESSIONS REQUIRED.
MEDSPA
cure

DEHYDRATED SKIN?

HERE'S HOW TO *TELL*.

One of the first places we notice dehydration is on our skin. Dehydrated skin can feel tight, look dull, and fine lines may be more visible. It can happen to anyone at any age, and is often caused by environmental factors, such as wind, sun, and central heating. It can also be a sign that you're not drinking enough water or eating enough water-rich foods. Keep reading to find out how to tell if you have dehydrated skin and what you can do about it.



Dehydrated vs. Dry skin

Creating an interesting, informative, and easy-to-read magazine article is something that every publication needs to know, regardless of their specific themes and topics. Usually, a magazine article can discuss trending topics and themes, or more specific ones such as geography, cuisine, fashion, music, and other fields in interest.

Nonetheless, all of these magazine articles need to abide by the principle of writing the latest events in order to make the readers interested with the recent events. Furthermore, a magazine article sometimes needs to include interviews with the interviewees to get the most accurate information.

Causes of *Dehydrated Skin*

Dehydrated skin can have many causes, but the two most common are environmental factors and lifestyle choices. Environmental factors include sun exposure, wind, cold, and heat, which can all strip the skin of its natural moisture. Lifestyle choices like smoking, drinking alcohol, and not drinking enough water can also lead to dehydrated skin. Luckily, there are many ways to combat dehydrated skin, including using a humidifier, drinking plenty of water, and using a hydrating face cream.

Treatments for *Dehydrated Skin*

When it comes to dehydrated skin, there are a few different treatments that can be effective. First, it is important to make sure that you are drinking enough water throughout the day. Second, you can use a humidifier in your home to help add moisture to the air. Third, you can use a hydrating face mask or moisturizer to help add moisture to your skin. If you are using a moisturizer, make sure to apply it to your skin while it is still damp from cleansing.

Here's a quick rundown of the difference between dry and dehydrated skin, to help you figure out which category you fall into.

- Do you find that your skin is flaky or feels tight? If so, you might have dry skin.
- Do you find that your skin looks dull or feels oily? If so, you might have dehydrated skin.
- Do you find that your skin is both oily and dry? If so, you might have combination skin.

skinbe+ter SCIENCE®



cure

MED SPA


Unlock your *sexual potential* with PRP.
cure
MED SPA

SCULPT YOUR BODY
REDEFINE YOUR CONFIDENCE

+25% MUSCLE INCREASE
EMSCULPT neo
-30% FAT DECREASE

20,000 CONTRACTIONS
EMSCULPT neo
IN JUST 30 MINUTES



50% OFF

EMSCULPTNEO TREATMENT
WHEN YOU PURCHASE
6 OR MORE SESSIONS

860-932-2873 | CUREMEDSPAMYSTIC.COM | @CUREMEDSPAMYSTIC

7 TREATMENTS TO **reverse** COLLAGEN LOSS AN **rejuvenate** YOUR SKIN.

When you're young, your body produces all the collagen you need, and you never give it a second thought. Your skin is naturally youthful and vibrant and supple — why would it ever not be that way?

After you hit your mid-20s, you start to notice some signs that your skin may not look quite as youthful as it once did. That's because your body is now producing less collagen, a protein that helps your skin maintain its natural elasticity and strength.

Without intervention, your body will continue to produce less and less collagen each year. Here at Cure Med Spa, we know this is the opposite of what our patients desire, so we offer several treatments to reverse collagen loss and rejuvenate your skin.

MICRONEEDLING

The micro-needling process uses tiny needles to create small punctures in your skin. This encourages your skin to heal itself, which naturally produces more collagen. As you produce more collagen, your skin can heal itself even more effectively.

PRP THERAPY

With PRP therapy, platelet-rich plasma is extracted from your own blood and then re-injected into the area of your skin you want to heal. PRP is full of nutrients, which stimulate collagen production, bringing repair and growth to your skin. This works well when done in conjunction with micro-needling.

SKIN RESURFACING

We can also take advantage of the latest technology with the Lutronic® Ultra™ laser to resurface your skin. Our experts will use the laser to send concentrated pulses of light at the area of skin you're targeting, which will remove the damaged outer layer of skin and heat the underlying layer of skin, stimulating new collagen growth.

DERMAL FILLERS

Dermal fillers are cosmetic injectables that are placed underneath your skin to restore lost volume. The fillers stimulate collagen production as they improve the contours of your face, resulting in a more youthful look.

CHEMICAL PEELS

Chemical peels use a chemical solution to improve the appearance of your skin by stripping away the damaged top layer of skin. When this takes place, collagen production is also stimulated.

RETINOID CREAM

Retinoid creams include compounds derived from vitamin A. These substances can increase the turnover of skin cells in both your epidermis and dermis, which increases collagen production as new cells are formed.

HYALURONIC ACID

Hyaluronic acid is an important ingredient in the fillers we mentioned above that increases the amount of collagen in your skin. It can also be applied as a serum or lotion to rejuvenate your skin.

VITAMIN C

Vitamin C is vital to the production of collagen, so taking 500-1000 mg per day of vitamin C will help keep your collagen production levels high as you age.

NOW THAT YOU HAVE OPTIONS TO SOLVE YOUR PROBLEM OF COLLAGEN LOSS, YOU NEED SOMEONE TO GUIDE YOU THROUGH THE PROCESS. THE EXPERT TEAM AT SKIN MED SPA STANDS READY AND WILLING TO HELP. JUST CALL OUR OFFICE OR SEND US A MESSAGE.

MED SPA

$2495
6 MONTHS

$4495
12 MONTHS



WEIGHTLOSS SPECIAL

BOOK YOUR APPOINTMENT TODAY: +860 932 2873


VOTE
cure
"Best Med Spa"
Brigid FNP-BC
Cure Med Spa
Cure MED SPA is on the ballot!
The Best of Connecticut
BEST OF CT 2024: VOTING IS OPEN!
Voting Ends
April 15, 2024



40 MASONS ISLAND RD. 3RD FLOOR
MYSTIC CT. 06355
860•932•2873
CUREMEDSPAMYSTIC.COM

©2024 CURE LIFE MAGAZINE