

cure LIFE

Summer Skin Savior: Biologique Recherche's Post-Sun Repair Essentials

Men's Grooming Renaissance

Body Positivity and Inclusivity in Aesthetics

Summer Radiance

The Hormone Harmony

The Power of Regenerative Medicine

Summer Glow Guide

© 2024 Cure Life Magazine

Candice Georgiadis

cure LIFE | Editor-In-Chief



As we step into the vibrant days of summer, I am delighted to welcome you to the latest edition of Cure Life. Summer invites us to reconnect with the outdoors, bask in the warmth of the sun, and revel in moments of joy and relaxation. As the days grow longer and the sun graces us with its warmth, it's the perfect time to explore new ways to enhance your well-being and beauty.

This month is exceptionally special, with Mother's Day just around the corner, you'll find an array of enticing specials crafted to indulge and pamper. A curated selection of treatments and services, tailored to celebrate that special woman in your life, and yes, that could very well be you. Happy Mother's Day to all the incredible moms out there! Tell your mom how much she means to you. Give her the timeout she needs at Cure.

This edition is filled with expert insights, practical tips, and inspiring features to guide you on your path to Cure.

Navigate the sun-kissed days ahead, with true radiance from within. Discover a variety of treatments. From revitalizing facials that brighten and refresh your complexion to innovative body sculpting treatments that help you feel confident and empowered in your skin, our expert team is here to guide you on your journey to summertime fine. May your summer be filled with joy, wellness, and the glow of newfound radiance

LinkedIn twitter candice georgiadis

Media Kit Cure Life

Candice Georgiadis

www.CandiceGeorgiadis.com


BOTOX®
COSMETIC
onabotulinumtoxinA
injection
$599
*UP TO 50 UNITS
cure
MED SPA


Buy 2
Genius RF
MICRONEEDLING
Treatments
Get 1
Treatment
free
cure
MED SPA

READY TO FEEL *better* THAN EVER?

HORMONE REPLACEMENT THERAPY

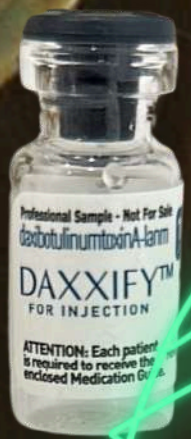


CURE
MED SPA
MYSTIC

LEARN MORE AT
WWW.CUREMEDSPAMYSTIC.COM

DAXXIFY®

daxibotulinumtoxinA-lanm injection



full face

UP TOO 100 UNITS

cure

MED SPA

GET THE LIFT WITHOUT SURGERY!



– 50% OFF

FULL FACE	$1750
UPPER FACE	$750
LOWER FACE	$1250
NECK	$400

THE GOLD STANDARD for nonsurgical lifting and skin tightening

Ultherapy

Book your consult today!

860-932-2873

THE HORMONE HARMONY:

NAVIGATING THE WORLD OF HORMONE REPLACEMENT THERAPY





In the symphony of our bodies, hormones play the role of maestros, orchestrating everything from mood to metabolism. However, as time passes and life evolves, this delicate harmony can sometimes falter, leading to a myriad of symptoms and imbalances. Enter Hormone Replacement Therapy (HRT), a transformative melody that has been reshaping the landscape of wellness and vitality.

The Evolution of Hormone Replacement Therapy

Decades ago, HRT primarily addressed menopause-related symptoms in women. Today, its scope has expanded, encompassing diverse demographics and conditions. From perimenopausal women seeking relief from hot flashes to men grappling with age-related testosterone decline, HRT offers a tailored approach to rebalance hormonal fluctuations

NAVIGATING THE TERRAIN: TYPES OF HORMONE REPLACEMENT THERAPY

1. *Bioidentical Hormones*: Derived from natural sources and designed to mimic the body's hormones, bioidentical hormones are favored for their compatibility and potential for personalized dosing.
2. *Traditional Hormone Therapy*: Conventional hormone therapies may utilize synthetic hormones or combinations of hormones to address specific conditions, providing a standardized approach to hormone supplementation.
3. *Testosterone Replacement Therapy (TRT):* Tailored for men experiencing low testosterone levels, TRT aims to restore vitality, muscle mass, and overall well-being, often yielding profound improvements in energy and mood.
4. *Menopausal Hormone Therapy:* For women navigating menopause, HRT can alleviate symptoms like hot flashes, night sweats, mood swings, and vaginal dryness, enhancing quality of life during this transitional phase.







THE HARMONY OF BENEFITS

Beyond symptom relief, HRT offers a spectrum of benefits that resonate with individuals seeking optimized health and vitality:

- ***Enhanced Energy and Vitality:*** Rebalancing hormones can lead to increased energy levels, improved focus, and a revitalized sense of well-being.
- ***Improved Bone Health*:** Estrogen and testosterone play crucial roles in maintaining bone density, making HRT a valuable tool in preventing osteoporosis and fractures.
- ***Mood Stability:*** Hormonal imbalances can contribute to mood swings, anxiety, and depression. HRT can help stabilize mood and enhance emotional resilience.
- ***Sexual Wellness:*** Addressing hormonal imbalances can rejuvenate libido, improve sexual function, and alleviate discomfort during intercourse.



READY TO FEEL BETTER THAN EVER?

In the world of Hormone Replacement Therapy (HRT), the melody of empowerment is conducted by experienced leaders like Tom Bondarchuk, a Board Certified APRN with decades of endocrinopathic expertise. As the Medical Director at our esteemed clinic, Tom's wealth of experience and commitment to personalized care resonate throughout our approach to HRT.

Through Tom's guidance, our clinic embraces an individualized approach to HRT, recognizing the unique needs and nuances of each patient's hormonal journey.

Embark on your path to Cure. The methodology is unpretentious and all-encompassing, addressing every aspect of your being from the inside out. With experienced Providers, that prioritize individualized attention and tailored antidotes. Navigate the realm of Cure and allow the experts to guide you toward authentic aspirations, with a touch of prestige and precision.

MED
SPA

BUY 2 GET 1 FREE



IV THERAPY

SAME VALUE COCKTAILS CAN BE MIXED AND MATCHED.

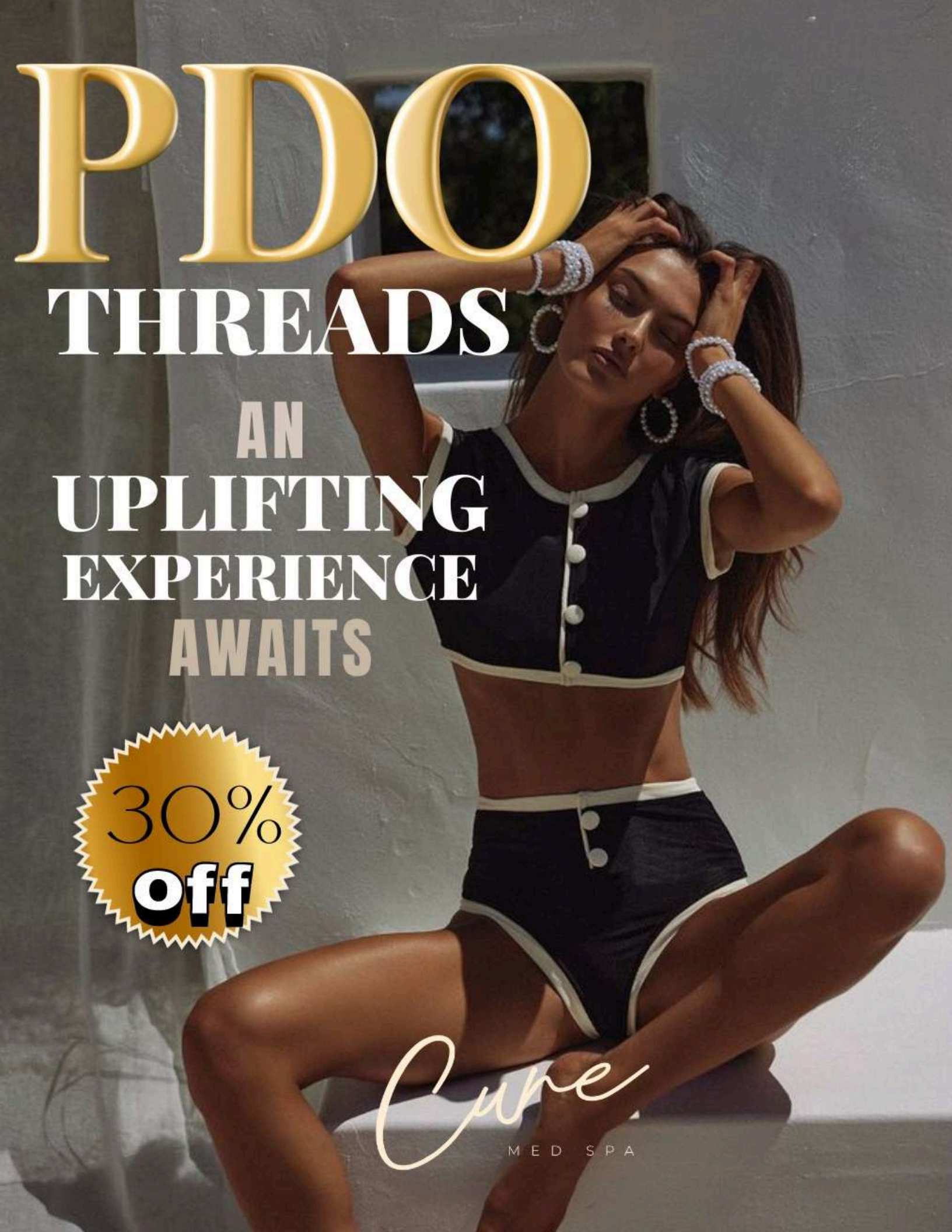

SKINVIVE™
BY JUVÉDERM®
SKINVIVE™
BY JUVÉDERM®
INJECTABLE G
WITH LIDOCAI
© 2022 AbbVie. All rights reserv
and the design are trademarks o
an AbbVie company, or its affiliat
SKINVIVE™
BY JUVÉDERM®
INJECTABLE G
WITH LIDOCAI
© 2022 AbbVie. All rights reserv
and the design are trademarks o
an AbbVie company, or its affiliat



6 MONTHS* OF GLOWING SKIN

*Lasts 6 months with optimal treatment. Glow was reported by patients using a satisfaction questionnaire which included how radiant their skin looked.

SKINVIVE™
BY JUVÉDERM®


PDO
THREADS
AN
UPLIFTING
EXPERIENCE
AWAITS
30%
off
Cure
MED SPA

THE SUMMER MEN'S GROOMING RENAISSANCE: REDEFINING MASCULINE WELLNESS

Amidst the vibrant energy of summer, a transformative movement is quietly reshaping the realm of grooming, transcending traditional notions of masculinity and embracing a holistic approach to men's well-being. The male grooming market, once confined to basic hygiene, now flourishes with skincare routines, hair restoration treatments, and minimally invasive procedures tailored to the unique needs and desires of men.

SKINCARE ROUTINES: BEYOND THE BASICS

Gone are the days when a simple bar of soap sufficed. Today, men are diving into multi-step skincare routines tailored to their skin types and concerns. From cleansers and exfoliants to serums and moisturizers, the modern man's skincare regimen is as diverse and sophisticated as the summer sun.

This evolution reflects a growing awareness of the importance of skincare in maintaining healthy, youthful skin. Men eagerly invest in quality products and seek professional guidance to tackle issues like acne, aging, and sun damage, ensuring they glow with confidence all summer long.

MINIMALLY INVASIVE PROCEDURES: ENHANCING SUMMER CHARM

In sync with skincare and hair restoration, men are exploring minimally invasive procedures to refine their features subtly. From Botox and dermal fillers to skin rejuvenation lasers, these treatments offer nuanced enhancements without sacrificing masculinity. Men seek treatments that enhance their rugged charm while addressing concerns like wrinkles, volume loss, and uneven skin tone, ensuring they shine with confidence throughout the summer months.





HAIR RESTORATION: A SUMMER OF RENEWED CONFIDENCE

For men facing hair loss or thinning, summer brings a resurgence of confidence through advanced hair restoration treatments. Techniques like follicular unit extraction (FUE) and platelet-rich plasma (PRP) therapy offer natural-looking results and minimal downtime, empowering men to reclaim their hair and their self-assurance under the summer sky.

The stigma surrounding hair restoration has faded, replaced by an ethos of openness and self-acceptance. Men of all backgrounds embrace these treatments as proactive steps toward feeling their best and enjoying the carefree spirit of summer.

THE FUTURE OF MASCULINE WELLNESS: EMBRACING SUMMER CONFIDENCE

As the summer men's grooming renaissance unfolds, the future promises innovation and growth. The focus on holistic wellness and self-care reflects a broader shift in men's attitudes. Leading clinics and professionals champion education, personalized guidance, and cutting-edge treatments, empowering men to embrace their individuality, boost their confidence, and navigate their journey of self-improvement with grace.

The men's grooming renaissance isn't just about looking good—it's about feeling good, inside and out. It's a celebration of diversity, self-expression, and the ever-evolving definition of masculinity under the warm embrace of summer.


AQUAGOLD®
FACIAL
$699
CELEBRITY APPROVED!
CUSTOM FACIAL COCKTAIL OF:
Neurotoxin
Hyaluronic Acid Filler
and more.
Cure
MED SPA


cure
MED SPA
ALL FACIALS
30% OFF
FREE POLY PRO REJUV RED LIGHT
MYSTIC — CT.


Dysport®
(abobotulinumtoxinA)
LOSE THE LINES
NOT THE EDEGE.
$399
2 AREAS
UP TO 55 UNITS
MED SPA
cure

ONLY THE BEST INGREDIENTS.

We know what your lashes, brows, & hair need - and what they don't. Our formulas blend nourishing plant extracts with scientifically advanced technology... and are always free of parabens, phthalates, and sulfate detergents.



cure

MED SPA

EMBRACING BEAUTY IN DIVERSITY:

THE RISE OF BODY POSITIVITY & INCLUSIVITY IN AESTHETICS

In an era defined by diversity and empowerment, the beauty industry is undergoing a profound transformation—one that celebrates inclusivity, embraces diverse beauty standards, and champions the ethos of body positivity. From marketing campaigns to product offerings and treatment approaches, this paradigm shift is reshaping the landscape of aesthetics and empowering individuals of all backgrounds to embrace their unique beauty with confidence and pride.



THE POWER OF REPRESENTATION IN MARKETING

Marketing campaigns are leading the charge in promoting inclusivity and body positivity. Gone are the days of narrow beauty standards that exclude certain body types, skin tones, or gender identities. Instead, brands are embracing authenticity and diversity, featuring a spectrum of individuals in their advertising who represent a range of ages, sizes, ethnicities, abilities, and gender expressions.

This shift not only resonates with consumers on a personal level but also fosters a sense of belonging and acceptance within the beauty community. It sends a powerful message that beauty is not confined to a single mold but is as diverse and multifaceted as the individuals who embody it.

PRODUCT OFFERINGS FOR EVERY BODY

The expansion of product offerings reflects a commitment to catering to diverse beauty needs. Cosmetics brands are diversifying their shade ranges to accommodate a wider array of skin tones, ensuring that everyone can find their perfect match. Skincare products are formulated to address a variety of concerns, from acne-prone skin to aging concerns, recognizing that beauty is not one-size-fits-all.

Furthermore, the introduction of gender-neutral and unisex products acknowledges that beauty knows no boundaries and is accessible to individuals of all genders. This inclusivity extends beyond physical products to encompass a mindset of acceptance and celebration of individuality.

TREATMENT APPROACHES ROOTED IN EMPOWERMENT

Aesthetic clinics are adopting treatment approaches that prioritize empowerment and well-being. Rather than focusing solely on achieving a certain look, practitioners emphasize helping clients feel comfortable and confident in their own skin. This may involve personalized treatment plans tailored to individual goals, whether it's enhancing natural features, addressing skin concerns, or promoting overall wellness.

Moreover, practitioners are fostering open and supportive dialogues with clients, encouraging them to embrace their unique beauty journey without judgment or unrealistic expectations. The goal is to create a safe and inclusive space where everyone feels valued, respected, and empowered to define beauty on their own terms.

EMBRACING BEAUTY BEYOND BOUNDARIES

The rise of body positivity and inclusivity in aesthetics signifies a broader cultural shift towards embracing beauty beyond boundaries. It's about celebrating authenticity, diversity, and self-expression in all its forms. As the industry continues to evolve, it's not just about looking good—it's about feeling good, embracing individuality, and fostering a culture of acceptance and empowerment for generations to come.

Sculptra®
Poly-L-lactic acid

Recommendation Guide

01 **SKIN BOOST/HYDRATIC**
(1-2 vials)

02 **ANTI-AGING**
(1-2 vials)

03 **BOOTY PLUMP**
(10-15 vials)

04 **CONTOUR** *(CHEEKS, JAWLINE, & CHIN)*
(10-15 vials)

05 **HIP DIPS**
(3-10 vials)

01 **CELLULITE/DIMPLE TREATMENT**
(1-2 vials)

These are average amounts. Each case will depend on age, the condition of skin and volume at the time, skincare routine (including sunscreen) and genetics.

BUY 2

LaseMD Ultra Treatments

BUY GET 1 FREE

LUTRONIC

Intelligent Care™





Brigid Guidera

MSN, APRN, FNP-BC

Brigid is a Board Certified Family Nurse Practitioner with over 10 years of nursing and medical experience. She has worked in both inpatient and outpatient settings allowing herself a strong holistic baseline of education and knowledge.

Additionally, Brigid earned certificates in basic and advanced cosmetic injection training with many nationally-renowned medical aesthetics training and certification providers.

Brigid is a skilled, aesthetic provider who specializes in aesthetic services including energy-based treatments, neuromodulators, dermal fillers, Ultherapy, medical grade skincare, MicroNeedling, and platelet-rich plasma (PRP). Demonstrating a commitment to ongoing education, she ensures her treatments are enriched with the latest techniques and innovations.

Brigid's passion centers around delivering beautiful and natural results through an artistic approach, notably with Botox and filler treatments. She is known for her natural yet transformative results she gives her patients.

Brigid utilizes several resources to provide the latest and safest treatments at Cure, including attending multiple continuing education conferences annually, trade groups and journals, and medical aesthetics consortiums. She truly enjoys consulting with her patients and developing a customized treatment plan that will deliver the best outcomes for the patient's personal goals.

Brigid believes the key to her success has been to take as much time as necessary to consult with clients to truly understand their desires and to be honest with clients in achieving their desired result. She considers the Aesthetics field the perfect balance of medicine and art.




$100
OFF
FILLER
cure
MED SPA

THE SECRET IS OUT!

NOW AVAILABLE

eCO2™



	Face	Face/Neck
Mild	***$995*** Reg. $1500	***$1495*** Reg. $2000
Moderate	***$1495*** Reg. $2000	***$1995*** Reg. $2500
Aggressive	***$2495*** $3000	***$2995*** $3500







MED SPA cure


$2500
4 VIALS
sculptra®
poly-L-lactic acid
reverse
THE SIGNS OF
anti-aging
"THE ACTUAL FOUNTAIN OF YOUTH"

the salt FACIAL®

WE ARE NOT A TREATMENT

we are a lifestyle.



cure

MED SPA

UNLOCKING THE POWER *Regenerative* MEDICINE

In the realm of modern medicine, a groundbreaking revolution is underway—one that harnesses the innate regenerative capabilities of the human body to unlock new frontiers in skincare and hair restoration. Regenerative medicine, encompassing treatments such as stem cell therapies, platelet-rich plasma (PRP) treatments, and innovative regenerative approaches, is emerging as a beacon of hope for individuals seeking natural, long-lasting solutions to skin aging and hair loss.







The Promise of Stem Cell Therapies

At the forefront of regenerative medicine are stem cell therapies, which harness the regenerative potential of stem cells to stimulate tissue repair and rejuvenation. Stem cells, known for their ability to transform into various cell types, are utilized in skincare to promote collagen production, improve skin texture, and enhance overall skin health.

Innovative stem cell therapies, such as adipose-derived stem cell treatments and mesenchymal stem cell injections, are gaining traction for their ability to address a range of skincare concerns, from fine lines and wrinkles to scars and pigmentation issues. These therapies offer a natural alternative to traditional interventions, harnessing the body's own healing mechanisms to achieve remarkable results.

The Rise of Platelet-Rich Plasma (PRP) Treatments

Platelet-rich plasma (PRP) treatments have emerged as another cornerstone of regenerative medicine, particularly in the realm of skin rejuvenation and hair restoration. PRP harnesses the healing properties of platelets found in the patient's own blood to stimulate tissue regeneration, collagen production, and hair follicle growth.

In skincare, PRP facials and microneedling with PRP have gained popularity for their ability to improve skin tone, texture, and elasticity. PRP is rich in growth factors and cytokines that promote cell turnover and tissue regeneration, resulting in a more youthful and radiant complexion.

In hair restoration, PRP injections into the scalp have shown promising results in stimulating hair follicle activity, promoting hair growth, and reducing hair loss. This non-surgical approach offers a safe and effective option for individuals seeking to restore fullness and thickness to their hair.

Innovative Regenerative Approaches

Beyond stem cell therapies and PRP treatments, regenerative medicine continues to evolve with innovative approaches tailored to promote holistic rejuvenation. From exosome therapies that harness the regenerative potential of extracellular vesicles to growth factor cocktails that enhance tissue regeneration, these cutting-edge treatments represent the future of regenerative medicine.

These regenerative approaches not only target visible signs of aging and hair loss but also address underlying cellular changes, promoting long-term improvements in skin health and hair vitality. They offer a personalized and natural alternative to invasive procedures, empowering individuals to achieve optimal results with minimal downtime and risks.

Embracing a Future of Natural Rejuvenation

As regenerative medicine continues to advance, the possibilities for natural rejuvenation are limitless. The synergy of stem cell therapies, PRP treatments, and innovative regenerative approaches heralds a new era in skincare and hair restoration, where the body's own healing potential is harnessed to unlock beauty from within.

By embracing regenerative medicine, individuals can embark on a journey of transformation that goes beyond surface-level improvements, tapping into the regenerative power that resides within each of us. It's not just about looking younger—it's about feeling revitalized, confident, and empowered in one's skin and hair. Regenerative medicine paves the way for a future where beauty meets biology, creating lasting results and a renewed sense of well-being.


cure
MED SPA
EC•2TONE
REDUCE FINE LINES & ERASE SCARS
buy 2
GET 1FREE
LUTRONIC
Intelligent Care™


LUTRONIC CLARITY II
Stop thinking razor
START THINKING LASER
50% OFF
Purchase of 3 or more Laser hair removal sessions. (Area of Choice)
MIN. PURCHASE OF 3 SESSIONS REQUIRED.
MED SPA
cure

skinbe+ter SCIENCE®



cure

MED SPA

Summer Radiance: Popular Medspa Treatments for Your Skin & Body

As the sun-kissed days of summer beckon, it's time to prepare your skin and body for the season's glow. Medspas offer a plethora of popular treatments designed to enhance your natural beauty, boost confidence, and ensure you're summer-ready from head to toe. From rejuvenating facials to body sculpting procedures, here are the top Medspa treatments to help you achieve radiant skin and a toned physique for the summer months ahead.



1 HydraFacial for Radiant Skin

Kickstart your summer skincare routine with a HydraFacial, a multi-step treatment that cleanses, exfoliates, extracts, and hydrates the skin. Perfect for all skin types, this non-invasive procedure targets concerns like dullness, congestion, and uneven texture, leaving your skin refreshed, radiant, and ready to glow under the summer sun.

2 Laser Hair Removal for Smooth Skin

Say goodbye to unwanted hair and hello to silky-smooth skin with laser hair removal. This popular Medspa treatment targets hair follicles with precision, effectively reducing hair growth and eliminating the need for constant shaving or waxing. Achieve long-lasting smoothness and confidence in your summer wardrobe without the hassle of daily hair removal.

3 Microneedling for Skin Renewal

Boost collagen production and promote skin renewal with microneedling, a minimally invasive treatment that creates micro-injuries to stimulate the skin's natural healing process. Microneedling improves skin texture, reduces fine lines and wrinkles, and enhances overall skin quality, making it an ideal choice for achieving a youthful and refreshed appearance before summer.

4 Body Contouring Treatments for Beach-Ready Confidence

Achieve beach-ready confidence with body contouring treatments such as EmsculptNEO. This innovative treatment targets specific areas of concern, burning, sculpting and firming your body for a more toned and defined look. Embrace summer activities with confidence and showcase your best self with EmsculptNeo.

Prepare for Your Best Summer Yet

With these popular Medspa treatments, you can prepare your skin and body for your best summer yet. Whether you're seeking radiant skin, smooth contours, or overall rejuvenation, Medspas offer a range of options tailored to your unique needs and goals. Embrace the season with confidence, radiance, and a renewed sense of beauty both inside and out.


Unlock your *sexual potential* with PRP.
cure
MED SPA

SCULPT YOUR BODY
REDEFINE YOUR CONFIDENCE



50% OFF

EMSCULPTNEO TREATMENT
WHEN YOU PURCHASE
6 OR MORE SESSIONS

860-932-2873 | CUREMEDSPAMYSTIC.COM | @CUREMEDSPAMYSTIC

Summer Skin Savior:
Biologique Recherche's
POST-SUN REPAIR ESSENTIAL



Summer is synonymous with outdoor activities and basking in the warmth of the sun's rays. However, with this enjoyment comes the responsibility of safeguarding our skin from the sun's potentially harmful effects. Applying sunscreen with SPF is crucial, particularly during the summer when UV rays are at their strongest. But what happens if you've had a bit too much sun exposure? Let's explore five Biologique Recherche products that can help soothe and repair sun-damaged skin.

SÈRUM BIOSENSIBLE

Sunburn often leaves the skin red and sensitive. Biologique Recherche's Serum Biosensible, enriched with calming ingredients like witch hazel and turmeric extract, offers soothing relief and reduces redness. Gently massage a few drops of this serum onto clean facial and neck skin to alleviate discomfort caused by sunburn.

CRÈME HYDRAVIT'S

Excessive sun exposure can lead to dry, parched skin. Creme Hydravit's is a hydrating moisturizer from Biologique Recherche that nourishes and revitalizes the skin, promoting cellular renewal. Apply a small amount of this moisturizer to your face and neck in the morning and evening to restore moisture balance and protect against dehydration and UV damage.

BIOKISS

Lips are often overlooked when it comes to sun protection. Biokiss, a regenerating lip balm, provides relief for dry, sunburnt lips. Its antioxidant properties shield the lips from environmental damage and soothe sunburn discomfort. Apply Biokiss liberally to keep your lips soft and protected throughout the day.

MASQUE BIOSENSIBLE:

For those experiencing heightened skin sensitivity due to sun exposure, Masque Biosensible offers a calming solution. This gentle mask from Biologique Recherche reduces skin sensitivity, moisturizes deeply, and fortifies the skin's natural barrier. Apply the mask to your face and neck, leaving it on for 15 minutes before rinsing off to soothe sunburnt skin and promote recovery.

MED SPA

$2495
6 MONTHS

$4495
12 MONTHS



WEIGHTLOSS SPECIAL

BOOK YOUR APPOINTMENT TODAY: +860 932 2873



40 MASONS ISLAND RD. 3RD FLOOR
MYSTIC CT. 06355
860•932•2873
CUREMEDSPAMYSTIC.COM

©2024 CURE LIFE MAGAZINE